• Woodbridge • Edison/Metuchen • Perth Amboy • Carteret • South Amboy/Sayreville

& Citizen~Gazette

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Democrats Hope

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Middlesex County Edition YOUR HOMETOWN NEWSPAPER

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SAYREVILLE — Borough Democrats hope to keep their two borough council seats after the Nov. 6 elections. The terms of Councilmen Jeff Pawlowski and Fred Semoneit, the only Democrats on the council, are expiring. Both have decided not to run for another term.

Democrats Tom Pollando, 52, and Tom Marcinczyk, 43, hope to keep those seats for the Democratic party.

Pollando, the longtime president of the Sayreville Athletic Association, has lived in the borough for 30 years. Pollando has also served on the Recreation Board and was instrumental in developing the borough's youth recreation basketball league. He is a vice president at Adco Electric/Scholes

Electric, Staten Island, NY.

Marcinczyk, a lifelong resident of the borough, owns two small businesses on Bordentown Avenue, Floralscapes Flower Shop and T. Marcinczyk & Son, surrounding communities. Burial Vaults and Monuments. He has been a little league team sponsor since 1995 and has participated in many local church fundraisers and activities.

Quality of life is a major issue for both Democratic candidates. Marcinczyk said that his vision of Sayreville is "an affordable, friendly community with good schools that takes special care of its young people and seniors."

Pollando sees property taxes as a key issue. "While property tax increases hurt all residents, it especially hurts our seniors on fixed incomes and young couples

To Keep Council Seats trying to make their start in Sayreville." Both Pollando and Marcinczyk believe taxes can be stabilized by combining services with the Board of Education and

> Other major concerns for the Democratic candidates are the amount of vehicular traffic in the borough, the continuation of open space acquisitions, and the accessibility of local government.

Opposing Pollando and Marcinczyk are Republicans Bob Pinaha, 48, and Joan Gotta, 52.

Pinaha, a senior account representative at the Gatewood

PERTH AMBOY—Three city

schools were among 26 around the state honored for creating suc-

cessful parental involvement pro-

grams. Known as the Parent

Participation Program, this initia-

tive for recognizing and encouraging the development of exem-

plary parent involvement pro-

tricts is sponsored by the New

Jersey Department of Education.

James J. Flynn, Anthony V.

school districts throughout the

Agency, Cranford, was born in South Amboy, but has lived in Sayreville for most of his life. Pinaha is the coordinator of the Community Bulletin Board at Sayreville's Cable TV Access Station, channel 71, and has helped develop original programming for the station.

Gotta has lived in Sayreville for 18 years and was recently appointed to the Sayreville Board of Health. She works as a parttime office manager at D.J. O'Brien and Son, the same business where Mayor Kennedy O'Brien works as a manufacturer's representative.

Family Friends Weekly Drop-Ins in Autumn

EDISON — Parents with babies ages birth to two are invited to attend the Family Friends Baby Drop-In held each Monday from 11 a.m.-1 p.m. Parents with children ages birth to six are invited to the Drop-In each Wednesday from 9:45-11:45 a.m.

Come and socialize while the children play. Siblings are welcome. Come to one or two sessions for free before deciding whether you would like to join. The Drop-Ins are held at the Temple Beth-el, 91 Jefferson

Family Friends Inc., is a nonprofit, nonsectarian, interracial organization that plans activities and discussion groups for families with young children, from birth to six years old. The weekly Drop-Ins are only one of the many activities and benefits

For more information, visit their website at www.familyfriendsinc.org. or call (732) 828-6600.

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grams in the Abbott school dis-Ceres, and Perth Amboy School #10 elementary schools will each receive a \$3,000 grant for its parent participation program. In addition, a publication describing available to members. their success will be shared with

> state. Special cash grants totaling \$78,000 were awarded to schools in Elizabeth, Perth Amboy, Camden, Keansburg, Long Branch, New Brunswick, Newark, Plain-

> > Vineland, and West New York. To showcase outstanding programs that enable parents to actively participate in their children's education the awards are designed not only to salute schools that have launched programs, but to encourage other

field, Pleasantville, Trenton,

schools to focus attention on promoting greater parental involve-

Local Schools Honored

"Student success is often strongly linked with parental support of learning both at home and in school," said Commissioner of Education Vito A. Gagliardi, Sr. "Families and schools are natural partners in the education of New Jersey's children, and parents can be a tremendous boost to the school's efforts by being involved in the school.

Maria Nuccetelli, acting assistant commissioner for the Division of Field Services, and State Board of Education President Maud Dahme recognized the schools at the ceremony.

Parent involvement programs include training workshops, volunteer programs, education services, and opportunities for parents to participate in the governance of schools through school management teams.

All public schools in the Abbott districts were eligible to compete for the awards. Winners were selected by an independent panel under the auspices of the Office of Program Review and Improvement, Department of Education.

YOUR COUNTY NEWS

County Provides Mental Health Services To Residents

MIDDLESEX COUNTY — Middlesex County's Raritan Bay Mental Health Center is owned and operated by the Middlesex County Board of Chosen Freeholders. Services are available to County residents of all ages from young children to senior citizens. Most services are available in English and Spanish. The Center has served 3,500 clients during the past year.

Treatment is offered for a wide range of problems typically found in the general community including depression, anxi-

REG.

\$150

ety, phobias, relationship conflicts, parenting issues, behavior problems, problems with daily living, social problems and psychiatric disorders. Many of the problems which can limit an individual's functioning or cause distress in the family can be alleviated through Center services.

Anyone interested in Center services may call the Center at (732) 442-1666 and ask for the Intake Screener. The Screener will ask a few questions in order to arrange for an appropriate Intake appointment. Urgent calls

BRIDAL GOWN

SPECIAL

are offered immediate assistance. Although appointments are preferred, walk-ins are accommodated.

The first appointment usually lasts ninety minutes. Following a careful evaluation, applicants will be offered Center services fitted to their individual needs. Treatment recommendations are discussed with the client. Services offered will depend on the problem. Mental health services generally involve individual, group or family psychotherapy, sometimes supplemented by medication. Services are geared to helping clients become stronger so they can resolve their problems.

The Center's Outpatient Department treats children and adults by providing individual, group and family psychotherapy. Psychoeducational groups are available addressing specific issues such as substance abuse. anger problems, social skills, stress management, parenting problems, sexual abuse issues, or a group may be established for other identified needs or issues. The Center also provides guest speakers to interested Community groups on specific requested topics.

The Center's Adult Partial

Care Program accommodates individuals requiring more intensive services.

The Center has one hundred and sixteen employees. Seventy are experienced mental health professionals including psychiatrists, clinical psychologists. clinical social workers, rehabilitation counselors, registered nurses and mental health counselors. The staff has a wide range of post-graduate training and experiences including, but not limited to, child development, behavior problems, substance abuse, mood disorders, relationship problems, adjustment disorders and major psychiatric disorders.

All contacts with the Center are kept in strict professional confidentiality as provided by law. Fees for service are based on a sliding fee scale, taking into account family income. The Center also accepts Medicaid, Medicare, Local Welfare and other third party insurances when applicable. Applicants are required to bring proof of income and insurance information in order to determine the appropriate fee. Services are never refused because of inability to pay.

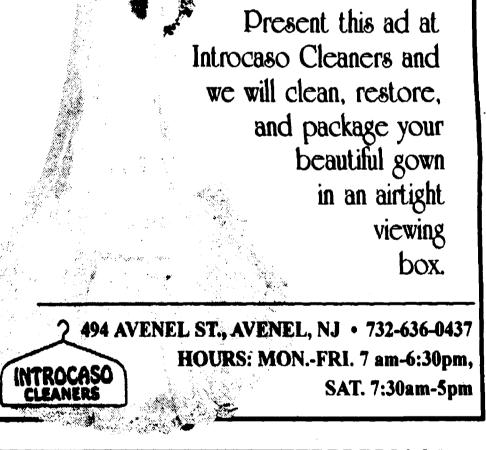
To accommodate the growing

need for mental health services. the Middlesex County Board of Chosen Freeholders approved a modernization and expansion project. The project was completed in August, 2001 and includes renovation of the front entrance and lobby, and an 11,340 sq. ft. 3-story structure, plus basement. The new structure houses the Center's Medical Unit, expanded Outpatient Department and the Center's Administrative and Business offices.

The Center's operating hours are Mondays and Fridays from 8:30 a.m.-4:15 p.m. and Tuesdays, Wednesdays, and Thursdays from 8:30 a.m.-9 p.m. After hours emergencies are handled by the Raritan Bay Medical Center's Emergency Room. The Center's telephone number is (732) 442-1666, is operative 24-hours a day/7 days a week.

The Center is located at 570 Lee Street, Perth Amboy, NJ 08861.

For further information you may call the Center's main phone number at (732) 442-



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"Car Accident Victims Get A Crash Course On Their Rights!"

Professional Services

Carteret, NJ- A new free report has recently been released that reveals information every car accident victim should have before they speak to anyone. Research shows that even a "fender bender" can cause pain, headaches, even arthritis." Many car accident victims worry more about their car than they do their rights. If you have been involved in an auto accident listen to the 24 hour toll-free recorded message by calling 1-888-721-8231. The call is FREE and so is the report.

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Oct. 20 Is Household Hazardous Waste Collection Day

MIDDLESEX COUNTY -- Orchard Lane, North Bruns-Middlesex County residents may drop off their household hazardous waste-such as left- from 8 a.m.-2 p.m. over pesticides, household cleaners, chemicals and batteries-on Saturday, Oct. 20 at the Middlesex County Road Department garage on Apple

wick.

The drop-off site will be open

Items accepted include adhesives, aerosol paint cans, antifreeze, batteries (household or car), brake fluid, drain cleaner, driveway sealer, fluorescent light bulbs (no broken bulbs, please), herbicides, kerosene, oven cleaner, mercury thermometers, motor oil, used oil filters, paint (latex or oil-based), paint thinners, pesticides, petroleum, lubricants, photographic chemicals, pool chemicals, propane tanks, stains and varnishes and transmission fluid.

Items not accepted at the HHW drop-off site include tires, empty containers, explosives and munitions, infectious waste and material of unknown origin.

The program is open to Middlesex County residents only; operators at the site will ask for proof of County residency, such as a driver's license. No waste from commercial sources and no containers larger than five gallons will be accepted,

The Middlesex County Division of Solid Waste Management and the Middlesex County Improvement Authority (MCIA) run seven household hazardous waste collection events each year.

For more information or directions to the site, call 1 (800) 488-MCIA or visit the MCIA's website at www.mciauth.com.

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YOUR LOCAL NEWS

A Rock And Roll Concert For Kids

METUCHEN—Musicians has said their music is geared Danny Adlerman and Jim Babjak will present a special Rock and Roll Concert For Kids on Saturday, Nov. 10 at 11 a.m. entitled, "One Size Fits All," the title of their very popular CD. In addition to being a composer of children's songs, Adlerman of Metuchen has co-authorized several children's books with his wife Kim. Titles include Africa Calling, It's Raining It's Pouring and Humpty Dumpty.

The other half of the duo, Jim Babjak, is the lead guitarist, singer and songwriter of the rock and roll group The Smithereens. Babjak, a native of Manalapan and Alderman have teamed up to create some very catchy, lively and tuneful songs that will have kids dancing in the aisles and singing along to the songs; indeed, a Sing-A-Long will be part of the program.

In addition to the music from their CD, other songs include some popular Beatles tunes such as Yellow Submarine. I'm a Believer and Come Together so parents can join in the sing-alongs with their kids. Adlerman

toward families and not just youngsters. They will also be performing favorite nursery rhymes such as Hey Diddle Diddle, It's Raining, It's Pouring, and Rub A Dub Dub with new lyrics by Adlerman whose happy sound draws kids right into the show.

Babjak's influence will speak to older children with his rock and roll renditions of Surfn' the Net (with a Beach Boys flavor) and School Bus Drive. This promises to be a one of a kind performance for Forum Theatre audiences. As Danny Adlerman writes in his album's promotional material, "This is not your grandfather's children's music."

Tickets are \$10 and they are reserved. To charge tickets visit or call the Forum Box Office at (732) 548-0582. The Box Office is open Monday-Friday from a.m.-5 p.m. 10:30 Saturdays and Sundays during performances from 10 a.m.-1 p.m. The Forum is located at 314 Main Street, Metuchen. Visit the Kids' Forum website at www.akidsforum.com.

Annual Woodbridge Elks Picnic

WOODBRIDGE—On Sept. 8, three days before the horrible sneak attack upon our nation, by terrorist murderers, all seemed tranquil in the town of Woodbridge. It was a warm, balmy day and Lodge #2116 held its annual picnic. Members, their families and friends enjoyed good fellowship, good food, drink and entertainment.

The veterans from the Menlo Park Memorial Home were the honored guests of the Lodge and they enjoyed all the festivities, especially watching the children playing their games and dancing to the music. Edward C. Plantz, P.E.R. chaired the event and he and his staff of volunteers provided a day of wonderful memories for all who were there. It was to the last of the happy days for some time to come. The next event was to be a Community Prayer Meeting at the Lodge, a few days later, for the innocent victims who were killed in that dastardly attack.



SERVE 'EM UP-Robert Turcotte dishes out a delicious hamburger with all the trimmings to a hungry guest, at the annual Woodbridge Elks picnic, held at their Lodge.

NJ Brain Tumor Conference

EDISON—The New Jersey Brain Tumor tives from the New Jersey Support Group and The Brain Tumor Society are offering a free conference entitled, "Diagnosis Brain Tumor: You are Not Alone" on Saturday, Oct. 27- from 8 a.m.-6 p.m. This full day conference is designed for brain tumor patients, survivors and family members. It will take place at the JFK Medical Center's Conference Center, 70 James Street, Edison.

The conference will include various panels and sessions discussing topics such as "Brain Mapping and Surgery," "Pediatric Rehabilitation," "Brain Tumor Survivors Are The Real Survivors," "Coping With Non-Malignant Tumors," "Look Good Feel Better," and "Research and Updates."

Central Speakers include representa-Neuroscience Institute and the American Cancer Society as well as community health educators and brain tumor survivors.

> During the conference there will be a "quiet room" available for conference participants to utilize as well as an information and resource center with a wide variety of materials. Parking is free directly adjacent from the conference center. The center is also wheel chair accessible. This conference is free but registration is required. To register, or for more information, contact Stan or Virginia at the **Brain Tumor Support Group at** (908) 685-0917.

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YOUR SCHOOL NEWS

Addressing The Needs Of Special Education Students

AREA — The NJ State Bar Foundation will address the needs of students with disabilities and their parents when it presents a free public seminar dealing with special education on Wed., Oct. 24, from 7-9 p.m. at the NJ Law Center, One Constitution Square (off Ryders Lane) in New Brunswick.

Titled, "Everything You Always Wanted to Ask About Special Education Parents & Schools' Rights and Responsibilities," the seminar will take a personalized view of special education with dialogue between the panel, comprised of three experienced special education law attorneys.

Topics that will be covered in the seminar include identification

and referral for special education, evaluation by school districts and independent evaluators; the Individualized Education Plan (IEP) and the provision of a Free Appropriate Public Education (FAPE), what constitutes a Least Restrictive Environment (LRE) and the concept of inclusion, discipline for students in special education; transition to the adult world, and mediation and due process, which deals with ways of solving conflicts between parents and school districts.

The seminar is free and open to the public, however, advance registration is required. To register or for more information on Foundation seminars, programs and publications, visit the Foundation online at www.njsbf org or call 1-800-FREE-LAW. The Foundation's seminar series is made possible by funding from the IOLTA Fund of the Bar of New Jersey.

The NJ State Bar Foundation's mission is to promote public understanding of the law through a free, comprehensive public education program. Among its activities, the Foundation, established in 1958, conducts seminars and conflict resolution training, publishes materials, operates a videotape loan library and speakers bureau, and coordinates elementary, middle and high school mock trial competitions.

Directions

From the NJ Turnpike: take Exit 9 to Route 18 North. Route 18 North forks off to the left. Follow signs for Route 1 South.

From Route 1 South: from Route 1, take the exit for Ryders Lane-New Brunswick. The Law

Center is the first right turn off Ryders Lane.

From Princeton, take Route 1
North to the second Ryders Lane

exit (Ryders Lane-New Bruns-wick). Ryders Lane passes over Route 1. The Law Center is the first right turn.

Newly Formed: Children's Disaster Fund

AREA — The NJ Chamber of Commerce and the State Dept. of Education has formed the "Disaster Fund for Children of NJ." The fund will provide immediate resources to children and their families who have been affected by the tragic events of Sept. 11.

An initial gift of \$100,000 came from Prudential Financial employee donations and matching funds from the Prudential Foundation. This allows the fund to now accept contributions from corporations, busi-

nesses and citizens who want to assist the children who have lost parents or loved ones in the terrorist attacks. The fund will be administered by the Chamber's not-for-profit foundation.

Tax-deductible donations to the fund can be made by sending checks or money orders to: Disaster Fund for Children of New Jersey, c/o NJ State Chamber of Commerce Foundation, 216 West State St., Trenton, NJ 08608. For information, call 609-989-7888, ext. 126.

Search Under Way For Top Youth Volunteers

AREA — For the seventh year, Prudential Insurance Company, in partnership with the National Association of Secondary School Principals, will honor outstanding community service performed by young people in grades five through 12. Application forms for the 2002 Prudential Spirit of Community Awards are available online at www.prudential.com/community/spirit.

Students must submit completed applications by Oct. 31. Participating schools and organizations will select their top youth volunteers and submit them for statewide judging. The top two candidates (one from middle school and one from high school) in each state will

receive \$1,000, engraved silver medallions and an all-expense-paid trip to Washington, D.C. in May 2002 for four days of special recognition events. Runners -up at the state level will receive bronze medallions or certificates of excellence.

In New Jersey, Evan Shore of Watchung and Jason Luks of Mendham were the state's top youth volunteers last year.

In May 2002, a committee will name America's top ten youth volunteers of the year. The honorees will receive additional awards of \$5,000, gold medallions and crystal trophies for their schools or organizations.

For additional information, call 1-888-450-9961.

Registration Deadline Is Nov. 2 For Next ACT Test

STATE — College-bound high school students who want to take the ACT Assessment have two chances to register before the Dec. 8 test date. The postmark registration deadline is Fri., Nov. 2. There is also a late registration postmark deadline on Nov. 15 (an additional fee is required for late registration). Students can get information from their school counselor or register online at www.act.org.

ACT scores are accepted by virtually all colleges in the nation, including all Ivy League schools. The test fee is \$24 (\$27 in Florida). A student's ACT scores are considered by colleges for admissions and course placement, along with several other important factors including high school GPA, college prep courses taken in high school, extracurricular activities, personal background and other information.

To learn more about the ACT

Assessment, including registration forms and test locations, contact your high school counselor or go to the ACT website (www.act.org), which also offers useful tips, sample tests and the opportunity to order test prep materials.

Seniors who have already taken the ACT can take it again and try for a higher score. Juniors and sophomores can also take the exam and use their scores to examine academic weaknesses, take courses to correct those weaknesses and re-take the exam at a later date. Students who take the exam more than once can report only their highest composite score to prospective colleges if they choose.

There are four sections to the ACT Assessment: English, reading, math and science reasoning. Some colleges and universities require only the ACT Assessment and no other tests, because

it measures four academic areas. A record number of students, over 1.7 million, took the ACT Assessment during the past year. The ACT Assessment is a curriculum-based, academic achievement test, not an aptitude test.

How To Better Prepare Students For Test Taking

AREA — The College for Kids program, sponsored by the Division of Continuing Education and Community Services at Union County College, has begun its fall programs on both the Cranford and Plainfield campuses. This year UCC has added test preparation courses to assist students who will be taking standardized tests in the early Spring 2002.

The preparation courses include the Early Proficiency Standardized Test given to 4th graders, the NJ Grade Eight Proficiency Test, and the High School Proficiency Test. Subject matter and test-taking strategies will be also covered.

In addition to the new test preparation courses, UCC will again offer courses for youth in areas such as the Stock Market Game, Golf, Desktop Publishing and Cisco Networking for Kids.

For more information on College for Kids programming, please call 908-709-7048 or email munn@ucc.edu.



Rohway Knights of Columbus Council 1146 will be holding a benefit spaghetti dinner to help the Eisenberger family.

Mary Jane Eisenberger recently succumbed to cancer leaving behind her husband, along with her seven-year old son and four-year old twin daughters.

RAHWAY, NEW JERSEY

Tickets: Adult \$10 Children \$5

Tickets can be purchased at the council or by mailing in your request along with any denution to the address listed above. Monu to include: Tossed Salad, Spaghetti, Montballs, Soda, Colfee and Dessert, Dinner served continuously from 4-8pm.

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YOUR HEALTH NEWS

Introducing A Revolutionary Disposable Hearing Aid

AREA — JFK Johnson Rehabilitation Institute (JRI) recently announced that it now offers a disposable hearing aid to help patients combat the effects of mild-to-moderate hearing loss.

A free program will be held on Wed., Oct. 24, from 7-8:30 p.m. at JRI in Edison to introduce this revolutionary new

hearing aid. The program will cover the pros and cons of utilizing a disposable hearing aid and attendees will have the opportunity to view and listen with a demo of the Songbird. Contact JRI at 732-321-7063 for more information on this special pro-

People who are in the need of hearing assistance are encouraged to make an appointment for a hearing evaluation. An audiologist will discuss options for hearing assistance and determine if an individual is a candidate for a hearing aid. IRI offers a 30-day trial period with the disposable hearing aid as well as with all other hearing aids available through JRI's program.

"Long-term exposure to noise pollution is the most common cause of hearing loss in adults ages 45 to 64," said Virginia Gural Toth, MA, CCC/A hearing aid dispenser/ supervising licensee #542 at JRI. "While twenty-three million Americans resist the idea of a hearing aid, the disposable device provides an option that will encourage a lot of people to try a hearing aid."

Consumers no longer have to be concerned about battery replacements or repairs because the device is discarded when the battery runs out. The elimination of a battery door provides room for a microphone that is larger than the typical hearing aid microphones and it is sized to fit discreetly in the ear.

Unlike ordinary hearing aids, this can be fit in just one visit by a hearing professional and is available in a variety of pre-programmed acoustical prescriptions to fit the specific needs of each wearer. It also features automatic volume control, allowing people to avoid the nuisance of frequent volume adjustments.

For more information about the disposable hearing aid and other types of hearing aids, contact the JFK JRI Audiology Program at 732-321-7063.

Fighting Cancer With Good Nutrition

AREA —With an anticipated 193,700 new breast cancer cases this year, experts believe preventive measures are imperative. In fact, recent studies suggest maintaining a well-balanced diet and healthy weight should be your first line of defense, considering an estimated 30-40% of all cancers -- including breast cancer — are related to diet.

In support of National Breast Cancer Awareness Month in October, Weight Watchers recommends several lifestyle tips for concerned women who want to do something about preventing breast cancer on an individual basis.

The correlation between obesity and cancer has drawn particular attention from researchers in recent years. In fact, the American Cancer Society's (ACS) report, Cancer Facts and Figures 2001, dedicated a special section to obesity and its relation to an increased risk of breast cancer after menopause.

"With a focus on healthy weight management and a core female audience, Weight Watchers is in a unique position to help the fight against breast cancer," said Stephanie Fein, President of Weight Watchers in New Jersey. "Unlike diabetes, heart disease and high blood pressure, most people don't realize breast cancer is associated with obesity. We want to bring more attention to the relation-

ship between cancer and obesity by offering tips that women find encouraging and helpful."

Weight Watchers Top 10 tins to help prevent breast CARCET:

- · Increase your fruits and vegetables to a minimum of five servings a day. Include leafy green and dark yellow vegetables, they're high in vitamins C and E and have protective properties.
- · Reduce your dependence on animal fats. Make the switch to olive, canola and peanut oils instead of oils derived from animal fat, like butter and margarine. Choose leaner cuts of meats or chicken and grill or broil instead of frying.
- · Increase your intake of Omega 3 fatty acids. Found in salmon, tuna, mackerel, herring, sardines, walnuts, soy and flaxseed oil, this "good fat" is an essential part of the body's normal growth and development. These essential fats also have protective properties against heart attacks, strokes and can-
- Don't forget the grains in cereal, rice and pasta, which are high in vitamins and minerals known to prevent other forms of
- · Keep your weight in check, especially if you're postmenopausal. Research studies indicate a woman's risk of breast weight after menopause.

· If you drink, do so in moderation. The U.S. Dietary Guidelines recommend no more than one alcoholic drink a day for women - more than that may increase the risk of breast can-

In addition to the tips mentioned above, the following are more common preventive measures against breast cancer:

- Get a yearly mammogram if you're 40 or older, as recommended by the ACS. If you're under 40 and at increased risk for breast cancer — for example, breast cancer may be in your family history — talk to your doctor. Perhaps, your physician may recommend screening before age 40.
- · Get a clinical breast exam yearly if you're age 40 or older, and every three years if you're between the ages of 20 and 39, advises the ACS.
- Perform breast self-examinations monthly. Doing the exam regularly can teach you what "normal" versus "abnormal" feels like. (For self-examination "how-to" examples, visit the ACS website www.cancer .org).
- If you smoke, quit. Smoking may increase your risk for breast cancer, as well as other chronic diseases.

Life Makeover Workshops Offered

CLARK — Life Makeover Workshops are being offered to the public, led by June Curti, Personal Life Coach and owner of Directions for Living.

These workshops are designed to change your life. Now is the best time to look at what is and is not working in your life and to examine the areas that you would like to improve or change. Whether you want to improve in the area of career, relationships, work-life balance issues or finances, these workshops will provide you with the necessary tools to start you off in the right direction.

Ms. Curti will teach you how to break through self-limiting

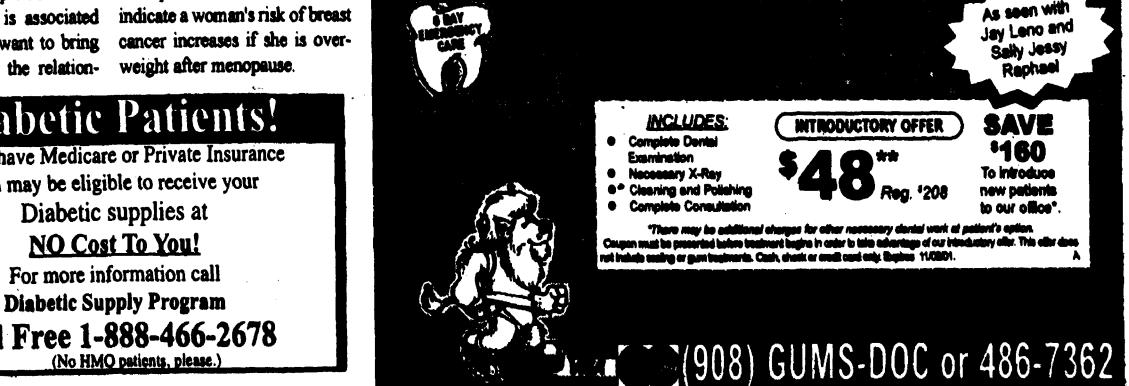
beliefs, set realistic goals, eliminate procrastination and design the life of your dreams.

Participants may attend one or all of the series of interactive sessions on Wednesday evenings, Oct. 24, Nov. 14 and 28, Dec. 5 and 12, from 7:30-9 p.m. The cost of each workshop is \$20 payable at the door. Refreshments will be served.

These series will be held at the Sunrise Assisted Living, 240 Springfield Ave., Westfield, and are open to anyone interested.

For additional information, call June Curti at 732-388-6311. (Please do not call Sunrise Assisted Living).





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(No HMO patients, please.)

YOUR AREA & STATE NEWS

Acting Governor Supports Increase In Quality Drug Treatment

STATE—Acting Governor Donald DiFrancesco has just announced that \$6.3 million will be identified to support and expand drug treatment services and improve treatment quality in New Jersey. The acting Governor made the announcement recently in releasing the report of the New Jersey Substance Abuse Prevention and Treatment Advisory Task Force.

The money would pay for a range of services, from immediate care of people needing help getting off drugs, to long-term treatment for adolescents, and expanded "safe and sober" housing for people reentering the community. New funding would also help certain treatment programs hire licensed and certified staff to deliver state-of-the-art treatment services.

The task force was convened last year by the department to conduct a thorough review of substance abuse treatment in the state, including financial issues providers face and the gap between the need and available services.

The task force has laid out in stark detail the problems people have finding treatment in this state, as in the nation. An it has done an excellent job describing New Jersey's current treatment system-which is really many systems, both public and private," said acting Commissioner of Health and Senior Services George T. DiFerdinando, Jr., MD.

The task force found that fewer than half of those who want treatment are able to find it. About 67,000 New Jersey adults are treated each year in publicly funded programs, while another 71,000 are unable to get care because of limited treatment capacity. In its report, the task force made a series of short- and long-term recommendations to expand the treatment system, improve the quality of treatment and increase reimbursement for treatment services.

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LOCAL 7-DAY FORECAST

Thursday Sunshine and breezy.

60

Thu. night A starry night and cool.







NATIONAL SUMMARY



Partial sun and windy. 66/39



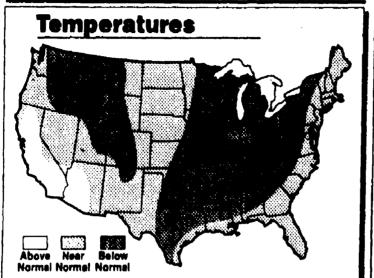
61/45

Tuesday Sunshine.

70/48



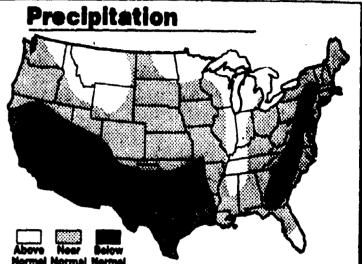
THE WEEK AHEAD...



Cold weather will dominate the East early in the period with temperatures as much as 10-15 Southern Appalachians.

degrees below normal in the offshore flow will generally keep California warm and dry. A few storms will bring snow to the Northern Rockies.

THE WEEK AHEAD...



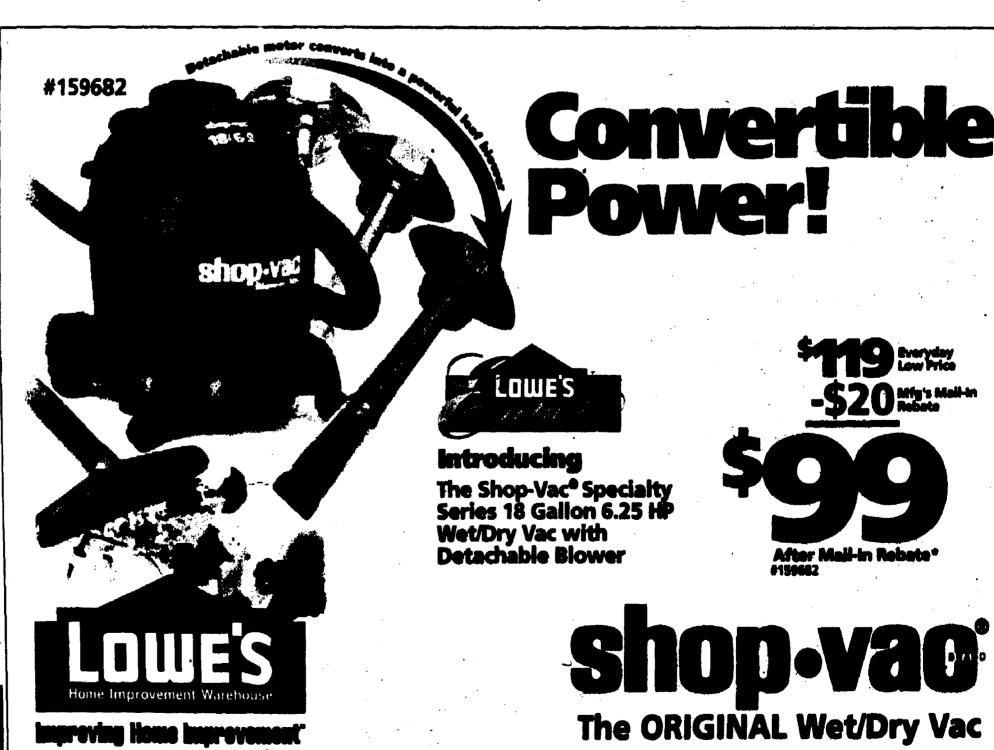
U.S. Traveler's Cities				
	Thursday	Friday	Saturday	Sunday
City	Hi Lo W	HI LO W	Hi Lo W	Hi Lo W
Atlanta	68 44 s	72 48 s	74 50 s	70 42 s
Boston	60 44 pc	62 48 pc.	62 49 c	60 41 c
Chicago	64 46 pc	60 44 pc	58 42 pc	59 39 s
Cleveland	62 46 s	62 45 s	62 46 pc	60 35 s
Denver	64 34 pc	68 36 s	72 38 s	68 36 s
Des Moines	64 44 c	64 42 s	62 42 s	63 48 \$
Detroit	60 40 s	62 44 pc	59 45 sh	61 35 s
Houston	80 58 s	82 62 s	80 58 s	81 50 pc
Indianapolis	64 42 s	5 9 43 c	58 34 pc	58 36 s
Kansas City	68 48 s	68 46 s:	70 44 s	72 48 s
Los Angeles	76 58 pc	80 60 s	80 58 s	76 58 pc
Miami	84 74 sh	86 75 r	87 75 c	86 74 pc
Minn. St. Paul	58 38 sh	56 34 pc	60 40 pc	58 40 r
New Orleans	75 57 s	79 60 s	79 63 s	79 '52 s
New York City	62 50 s	66 54 s	66 50 s	64 43 s
Omaha	62 40 pc	56 38 pc	66 40 s	68 48 s
Phoenix	92 65 s	90 63 s	88 63 s	90 63 s
San Francisco	72 54 s	76 54 s	70 54 s	68 43 8
Seattle	56 48 r	60 46 sh	58 46 pc	55 33 c
Washington	64 46 s	70 52 s	70 50 pc	68 40 \$

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	Moonri	se Mo	onset
Thu.	9:06 a.	m. 7:	40 p.m.
Fri.	10:17 a.d		18 p.m.
	Phase		Last
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Nov	Nov 8		
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SUN & MOON

Weather (W): s-sunny, pc-partly cloudy, c-cloudy, sh-showers, t-thunderstorms, r-rain, sf-snow flurries, sn-snow, i-ice.

WORLD TRAVELER'S CITIES Friday Thursday Saturday Sunday City Hi Lo W HI Lo W HI Lo W HI LO W 61 50 pc 65 53 pc Amsterdam 67 57 pc 58 51 r 57 49 c Berlin 65 50 pc 56 51 r 72 61 pc **Buenos Aires** 75 61 pc 69 48 s 83 61 8 52 pc 73 52 pc Jerusalem 73 51 8 Johannesburg 74 58 c 76 58 c 85 62 pc 69 63 r 57 56 r 57 47 sh 57 London 47 sh 64 46 sh 62 47 c 83 42 pc Madrid 58 40 c 71 48 pc 70 45 pc 68 44 pc **Mexico City** 72 48 pc 39 37 sh Moscow 45 30 c 40 24 sh 31 23 c 60 46 pc Paris 63 48 c 51 44 r 51 50 sh Rio de Janeiro 69 63 r 69 63 c 72 63 c 69 64 r 75 59 pc 71 51 pc Rome 76 57 pc 63 r 89 75 pc 89 75 pc San Juan 88 75 pc Seoul 60 46 pc 66 48 s 51 s 70 53 \$ Sydney 59 40 sh 63 44 sh 65 51 pc 67 57 sh Tokyo 64 60 pc 53 41 pc 51 32 c 47 38 sh 60 43 C 51 42 r Toronto 46 27 pc Winnipeg 49 30 sh 44 38 c 65 49 pc 57 54 sh 50 42 1 Zurich



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# HAPPENINGS HAPPENINGS



## Frightening Frugal Fun!

AREA — The average American family spends over \$100 per year on Halloween goodies. As your kids drag you through aisles full of ghosts and goblins, the scariest thing about Halloween is threatening to leave bite marks in your pocketbook. No wonder so many moms flee screaming from the store. It can be much less expensive and a lot more fun to devise your own chilling creations. Here are a few tips that you can use to stave off the greenback gremlins and exercise your creative muscle. It won't hurt a bit.

These and other free frugal tips are available at www. notjust-beans.com.

Face Paint: 1 tsp. com starch, 1/2 tsp. water, 1/2 tsp. cold cream, and food coloring. Mix all ingredients together in an old muffin pan and you are ready to paint. This amount is for each color.

Deviled Eyeballs: Make deviled eggs. Then add a green olive with pimento in the center for an "eyeball."

Radioactive Juice: Mix equal parts Mountain Dew and blue Kool-Aid.

Toxic Juice: Add some green food coloring to lemonade for a spooky color!

Bloody eyeballs: Boil cherry tomatoes 30 seconds. Allow to cool; then peel skin.

Fake blood: Mix 2/3 cup white corn syrup, 1 tsp. red food coloring, 2-3 drops of blue food coloring to darken and 1 squirt dish soap (helps blood to run well).

Brains: scramble eggs with some green, yellow and blue food coloring.

To get free Halloween make-up and food recipes, send an e-mail to info@notjustbeans.com and place the words "Ghoulish Food Delights!" in the subject line or visit www.notjustbeans.com

# Pumpkin Carving With A Twist

AREA-An age-old tradition of the Halloween season is pumpkin carving, "To create a different look this Halloween, consider carving a gourd, or create a 'family' of jack-olanterns using a combination of pumpkins and gourds," says chef Sarah Gorham from The

chef Sarah Gorham from Art Institute of Atlanta. Choose a size, color or shape that will work with your design idea, or allow the unique qualities of the pump kin or gourd to inspire

qualities of the pump-kin or gourd to inspire you. A smooth, blemish free pumpkin provides a good working surface. But imperfections can be in a serial incorporated into the danger itself. A blemish can become a serial a pumpkin's "bad" side series took like a distinguish face.

Try using a variety of carving tools to create your design. Use carving knives or heavy-handled utility knives for cutting deep, straight lines. Try using a specialty pumpkin carving knife from a craft store for making curved and fine cuts. An electric drill

with a variety of drill
bits can cut into the
hard surface of
gourds. Varying
cuts can create
interesting
effects.

Try cutting partially through the flesh for a translucent look. Lighting is the last step in creating the perfect jack-o-lantern. Try a traditional votive candle or go for a different look by using electric string lights.

Hosting Halloween Hooplas

(ARA) - Swarms of costumed Harry Potters, Powerpuff Girls, Pokémons, ghosts and witches will take to the streets this Halloween, begging for sweet treats from neighbors and friends. Because many parents worry about their child's safety while trick-or-treating, do-it-yourself Halloween parties are becoming a popular alternative.

The Halloween Association (THA) indicates that Halloween is the third most-celebrated day of the year, and according to the 2000 American Express retail index, two out of three American households celebrate Halloween. Here are tips for everything from the food to the games for Halloween parties without too much fuss:

Make your own invitations:

Let the kids help create invitations for the party. Decorate construction paper with colorful cut-outs, add Halloween-themed stickers or use stamps and ink to create clever invitations. Or, send e-mail invitations or online greeting cards.

Create homemade costumes: Work with your children family's invent the Halloween attire. This allows their imagination to reach beyond store-bought costumes and gives them a sense of pride when showing off their handiwork at the party. With a little paint and creativity, a cardboard box can become a die, a spaceship or a favorite book. Old clothing boxed-up in the attic is perfect for a retro look. Plus, you can find princess, wizard and farmer accessories in a second-hand shop.

Prepare easy-to-make Halloween-themed treats: While Halloween means candy overload for many kids and parents, hosts are heading to the kitchen to create homemade treats for partygoers. Serve goodies such as Orange Pumpkin Cupcakes (decorate orange frosting-spread cupcakes with brown and green sprinkles to create a pumpkin), Pumpkin Brains (macaroni and cheese served in a hollowed-out pumpkin with a face) and Nutella Spiced

Sugar Cookies
(recipe
following) to
add a
ghostly
t o u c h.
Continue the
theme by serving treats on

orange and black plastic tableware.

Decorate with style: To get
your fright-seeking guests in the
Halloween spirit, haunt a room

in the house by covering win-

dows with towels and adding

cobwebs, jack-o-lanterns, black lights, pictures of witches and goblins and eerie sounds. For younger ones who won't visit the haunted room, decorate the house with hay bundles, pumpkin lights, streamers and ghosts cut out of construction paper by the kids. Show kid-friendly Halloween-themed movies, such as "It's the Great Pumpkin Charlie Brown," "Casper" or "Goosebumps" to add a festive mood to the party.

Play horrifically fun games: Add a Halloween twist to traditional games to keep kids occupied and make your party a hit with adults, too. Do

the limbo to "Monster Mash," conduct Halloween-themed scav-

enger hunts and
have costume
contests to add to the
hair-raising experience. For
even more fun, offer guests rolls
of toilet paper and let them

of toilet paper and let them transform each other into paper-wrapped mummies or give kids markers, paper and other materials and let them decorate their own pumpkin.





#### YOUR FINANCIAL NEWS

## **SBA Offering Disaster Loans To Needy**

AREA — Due to damages and losses as a result of explosions and fires that occurred at the World Trade Center on Sept. 11, victims in the following counties are eligible for SBA Economic Injury Disaster Loans: Bergen, Hudson, Middlesex, Passaic, Sussex and Union

Economic injury disaster loans (called EIDL's) are working capital loans to meet necessary financial obligations which cannot be met because of the disaster.

#### **ELIGIBILITY LIMITATIONS:**

• Only small businesses and small agricultural cooperatives are eligible.

• The economic injury must have been the direct result of the disaster.

- The applicant business must be located in the declared disaster area.
- Loan assistance is available only to the extent the business and its owners cannot meet necessary financial obligations due to the disaster. This determination is made by SBA
- Only applicants which do not have "credit available elsewhere" are eligible. That determination is made by SBA based on whether the business and its owners cannot recover from the disaster injury with their own

resources or by borrowing from non-government sources.

- Farmers and ranchers are not eligible Assistance for farmers and ranchers is provided by the U.S. Dept of Agriculture Certain other businesses may not be eligible.
- Holders of real estate for lease or rent (landlords) are cli-

These are loans and applicants must show that they have repayment ability. Loans in excess of \$5,000 must be secured with collateral. Generally, this will include a lien on the applicant's business and/or personal real estate. However, loans

will not be declined for lack of a fixed amount of collateral.

The interest rate for small businesses and small agricultural cooperatives unable to obtain credit elsewhere is 4%. The total loan amount for any one business entity (including affiliates) cannot exceed \$1,500,000. Actual loan amounts are determined by SBA based on the amount of disaster-caused economic injury and the business' disaster-caused financial needs. Loan terms not to exceed 30 years are available. Loan terms are individually determined based upon what is reasonable in consideration of the applicant's repayment ability.

#### FLOOD INSURANCE REQUIRE-MENTS:

- Applicants with existing SBA loans which require them to maintain flood insurance are not eligible if they have not maintained their flood insurance.
- Generally, if collateral securing the loan is located in a special flood hazard area, the applicant will be required to purchase and maintain flood insurance as a condition of any loan.

## LOAN APPLICATION FILING DEADLINE:

• Applications for economic injury: June 11, 2002.

For additional information, contact the Small Business Administration at 1-800-659-2955

# MSAs: A Great Benefit For Small Businesses

AREA — Small business owners often struggle with the challenge of finding employee benefits that are both cost-effective and valuable. One benefit that small business owners might want to consider are Medical Savings Accounts, often referred to as MSAs. These accounts offer lower premiums and allow participants to pay some of their medical costs with pre-tax dollars. The New Jersey Society of Certified Public Accountants (NJSCPA) offers the following information about how, MSAs work.

#### What are MSAs?

del State

PICK-IT

MSAs are a combination of a high-deductible health insurance

policy and a tax-free savings account The insurance coverage goes into effect after the deductible has been paid, and the savings account can be used to pay the deductible and any uncovered medical expenses. MSAs were launched as a test program in 1997 and were temporarily saved from extinction when Congress decided last year to renew the plan for another two years. Under current law, no more than 750,000 MSA policies can be sold nationwide in a year.

#### Who qualifies for MSAs?

MSAs are available only to businesses with fewer than 50 employees and people who are self-employed. To set up a

PICK-IT NUMBER

week of 10/05/01 to 10/11/01

MSA, a business first must purchase a high-deductible health insurance plan (HDHP). The premiums for these plans are lower than other medical plans since they are used only for extensive medical expenses during a year. The deductible must be at least \$1,550 (but not more than \$2,300) for individual coverage and at least \$3,100 (but not more than \$4,650) for a family. The employer and employee may then make tax-free contributions to an MSA.

## How is a MSA different from a FSA?

MSAs are a new variation of Flexible Spending Accounts (FSAs). MSAs and FSAs are similar in the sense that employees can make tax-free contributions to an account to pay for certain types of medical care.

But that's basically where the similarities end. In a FSA, if an employee places money into an account one year and doesn't use it for reimbursement of medical expenses in that year, he or she loses the money. On the other hand, money in a MSA carries over from year to year and can be used later in life when medical expenses are higher or to supplement retirement savings. Also, FSAs are for employees only and can exist within any health plan. MSAs are for both the employee and employer (though contributions for both cannot be in the same year) and can only exist in conjunction with a HDHP. In a FSA, contributions can be as high as the employer's plan allows, but with a MSA, contributions are limited based on the amount of the

health plan's deductible.

## How much can you contribute to a MSA?

The maximum annual contribution to a MSA is 65 percent of the deductible amount for individual coverage and 75 percent of the deductible amount for a family. For example, a family with a \$3,600 deductible could save as much as \$2,700 a year, or \$225 a month, in the MSA. Because these contributions are tax deductible, the family would lower its income taxes. MSAs can be used for any government-defined medical expense.

For more information on MSAs and other financial planning information, visit www. njscpa.org/finances. To locate a CPA who can provide tax advice on MSAs, visit www.findacpa.org.

able accommodation" and how

# ADA Guide Available For People With Disabilities Seeking Jobs

AREA — A guide explains the rights of individuals with disabilities who are seeking employment under the Americans With Disabilities Act of 1990 (ADA). The federal civil rights law sets out guidelines to pre-

vent discrimination in the workforce and to enable people with disabilities to participate fully in all aspects of society.

The guide explains your employment rights under the ADA, the meaning of "reason-

action to take if you think your rights have been violated. You will find telephone numbers and website addresses for the sponsoring agencies and additional sources of information about the ADA and the many types of reasonable accommodation. The sponsoring agencies include Social Security, the Equal Employment Opportunity Commission and the U.S. Department of

You can obtain a copy of "A Guide For People With Disabilities Seeking Employment" from Social Security's Internet website at www.ssa.gov/work/workta2.html. The website contains valuable information about work support services available to people with disabilities who want to work. You can also contact your local Social Security office for more information.



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TIPES

## Get Your Vehicle Ready For Winter

AREA—As the temperature begins to drop, it's a good time to get your vehicle ready for winter. The AAA New Jersey Automobile Club suggests the following steps to make sure your vehicle is outfitted from headlight to taillight:

* Battery. Cold weather can kill an ailing battery, the cause of many winter breakdowns. Avoid problems by asking your technician to test your car's charging system output and the battery's condition and charge.

* Fluids. Remember to change the oil and check the antifreeze, brake, differential, and transmission fluids. Old antifreeze in your car's cooling system may contribute to cooling system failure.

* Lights. Enlist a friend to help check your car's high and low beams, and its license plate, fog, parking, side-marker, hazard, turn-signal, reverse and brake

## Donate Your Older Auto

STATE — The Mothers Against Drunk Driving in New Jersey is running a car campaign to support their program. Donors may be able to take the fair market value as a contribution on their income tax. Cars will be sold at auction, and the proceeds will be used to help the program.

A call to 1-800-720-6233 will get the process underway. The number can be called at any time. Pick up takes just a few days. There are some restrictions.

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* Supplies. Keep a windshield ice scraper, spray lock defroster (also keep an extra defroster at home), and an extra pair of gloves in the car, and consider packing a folding shovel and some rock salt, sand or kitty litter. If you'll be driving in the mountains, carry chains, blankets, foul-weather gear, flames, and a tarp, just in case you break down.

* Tires. If your treads are shallow, it's time to purchase a new set of tires. Consider the climate and the type of driving you do when choosing tires. Studded tires are permitted in New Jersey between November 15 and April 1, but they should be used only in packed snow conditions. During the winter, check tires regularly

for correct inflation; they lose pressure as the temperature drops.

* Wipers. If your wipers leave streaks across your windshield or back window, the blades or tensioner arms may need replacing. Fill the washer-fluid reservoir with a nonfreezing cleaner, and always clear ice that binds your wiper blades before turning on the wipers.

The AAA New Jersey Automobile Club, through offices in Florham Park, Randolph, Springfield, Clark and Verona, provides automotive, travel, insurance, financial and educational services to residents of Essex, Morris and Union Counties.

## Deer "Alert," Can Help Motorists Avoid Collisions

AREA—With Autumn now in full bloom, many deer are out searching for food to last them through the winter. In search of food and shelter, deer do not comply with pedestrian rules as they cross roads without looking and put themselves and motorists in danger.

Deer are also beginning to reproduce in massive numbers. October, November and December are their mating season and the worst months for deervehicle collisions.

Motorists must be more aware and cautious. These tips can help you avoid a deer-car collision.

Drive more slowly during low-

light situations, especially at dusk and dawn, during morning and evening rush hours. About 20 percent of deer related accidents occur early in the morning hours and 58 percent happen between 5 p.m. and midnight.

If a deer crosses the road, look for a second or third to follow. Deer often travel in groups.

Scan the sides of the road for deer. Be especially cautious where yellow deer-crossing signs are posted.

Finally, deer fixate on headlights. Flashing you lights and honking your horn may startle them out of their trance and prevent a collision.

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2. Computer tune engine, replace spark plugs, air filter, gas filter, PCV valve, ignition rotor, we will test your wires & distributor cap, we will clean your injectors if equipped, we will scan test your computer for

your wires & distributor cap, we will clean your injectors if equipped, we will acan test your computer for trouble codes & reset engine to specs.

3. Change your oil & filter, lube all chassis fittings, check all fluid levels & replace oil with 10W-40 Castrol

3. Change your oil & filter, lube all chassis fittings, check all fulls levels a replace on wait 1000-00 Cassis.

& a Hastings quality oil filter, grease all door hinges & hood hinges.

4. Mount snow tires, rotate tires & computer balance front tires.

5. Check your complete braking system, remove all wheele, check all linings, cylinders, clean & adjust as necessary.

6. Circuit test complete electrical system, load test battery, test alternator output, check starter draw and

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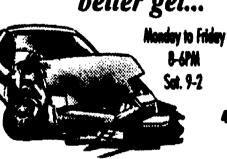
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#### YOUR LOCAL NEWS

## Readers Commentary



## Haunting image

Dear Editor.

In response to the request regarding readers' thoughts on the 'smoky image of Satan' that appeared on the side of the WTC tower, the visage eerily resembles Osama Bin Laden. Although, if the evidence against him stands and he is the one primarily responsible for this unspeakable horror, the image is unnecessary-we would know then that he is the devil incarnate.

> Karen Gasper Avenel



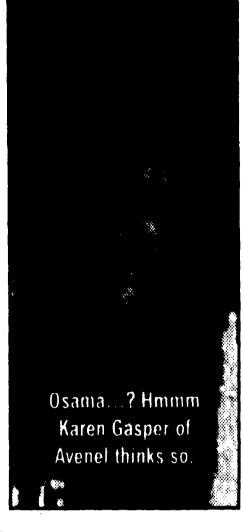
ASSEMBLYMAN John Wisniewski's Report From Trenton

In the wake of September 11, so many things are different. Americans have really come together. Many displays of American flags are on homes and at businesses. But with this new surge of patriotism there is a new set of questions about flag etiquette. Many people want to know the proper way to display the American flag.

The customary time to display the American Flag is between sunrise and sunset. The American Flag should not be displayed at night unless it is properly illuminated. The flag should never be displayed in inclement weather. You can. however, leave an "all weather flag" out in bad weather.

Recently many people have replaced their seasonal flags that regularly hang off their homes with the American Flag. When the Flag is hung off of a building or off of a window sill, the blue field of the Flag, which is also called the union, should be placed at the peak of the pole. If the Flag is to be displayed not with a pole but on a wall or in a window, the union should be placed to the observer's left. In other words, if you are looking at your house from the street, the union of the flag should be to your left.

When the American Flag is displayed on a car or truck, it should never be draped over the hood, top, sides or back of the vehicle. The staff of the flag should be attached firmly to the



car or clamped to the right bumper.

When the American Flag is flown at half-staff on a flag pole, the flag should be first fully raised for an instant and then lowered to half-staff. When you are taking down a flag that is flying at half-staff, it should be raised up to full position again before it is taken off the pole.

If the American Flag will be displayed with the flags of other countries, all flag poles must be at the same height and the American Flag must be to the right of all of the flags. If the American Flag will be displayed with the flags of states, local groups, or societies, the American Flag should be placed in the center of, and higher than, all other flags, In addition, other flags can be smaller, but no flag can be larger than the American Flag.

The flag of the United States of America is a symbol of freedom and democracy. And it is an important symbol. But, flying the American Flag is but one form of patriotism. We can do more. We should celebrate our way of life and our form of government by participating more fully in it. On election day, vote. And bring a friend. Participate in your community. Go to a meeting of your local governing body. Join the first aid squad or the fire department. Strike up a conversation with a neighbor or stranger.

America is strong not just because of our patriotism. America is strong because of our people, our traditions and values. Let's keep it that way.

## Wake Up America

Dear Editor,

I feel compelled to write this letter about illegal aliens, especially since the hijacking of planes at Boston and Newark Airports, resulting in the tragedy at the World Trade Center, Washington, D.C. and Pennsylvania.

While watching 60 Minutes on TV, I was flabbergasted to learn that aliens applying to enter this country on a six month Visa have no intention of being here temporarily. They don't extend registration. Their green cards are now void. They are now illegal aliens.

They just blend into our society and do as they please. You see, believe it or not, we have no tracking system in this country to know when these legal aliens become illegal aliens. This is a security risk to our government and our citizens.

I think one thing we should do at once is have our government send a memo, or better yet, a directive to every employer in this country, both large and small companies, to have their Human Resource Departments investigate their employees who are from foreign countries. If they are here legally, all well and good. Perhaps one day they'll apply for US Citizenship.

However, if they have out dated green cards. and are now illegally, they should be deported at once. Not only for security reasons, but for job opportunities being taken away from US Citizens. Wake Up America! This is not harsh treatment. it's the law.

> Jerry Noonan Carteret

## Of Personal Honor

Dear Editor,

I am a daughter, wife, mother, grandmother and your typical working woman. The events of Sept. 11 have rattled my relatively safe, secure and predictable world immensely. The biggest frustration was not being able to do something.

I am not a fireman, policeman, EMT, doctor or nurse. I am not wealthy enough to make but a modest contribution to the relief efforts. What can a "Regular Joe" like me possibly do to honor the innocent victims and the rescue workers who gave their lives?

grandchildren that living in the USA is privilege, not a right and the freedoms they enjoy are to be protected at any cost. I can teach them to take advantage and use these freedoms on a daily basis. I can teach them not to take freedom for granted. I can teach them not to hate.

I can volunteer time in my community to keep the spirit of "United We Stand" vibrant and alive well past this crisis. I can be kind to strangers and friends alike. I can go to work every day, fly on an airplane, and not alter my life out of fear. I can remember the victims and the I can teach my children and rescue workers every day in my

prayers.

This is how I can help, this is how I can personally honor each and every life that was lost.

> Michelle M. Grandell Carteret



The Atom Tabloid & Citizen ~ Gazette wants to hear from you. Letters to the editor will be published weekly on the editorial page, as space allows.

All letters should be typed and must include a daytime telephone number at which the writer may be reached for verification. Letters should be as concise as possible.

Letters to the editor must be in our office by noon Friday for consideration for publication the following week.

Keep us informed of your feelings and concerns so we can keep you better informed of the events that are affecting your life.

We also welcome guest columns that cover timely topics of interest to all of our readers. Columns should be no more then 500-750 words and should be typed.

The Atom Tubloid & Citizen

~ Gazette reserves the right to edit all letters and guest cohumn for grammar, spelling, length and questionable content. Letters and columns may be mailed to: The Atom Tabloid & Citizen - Garete, P.O. Box 1061, Rahvery NI 17065, They elso may be suppl to (732) 388-4143, Ame: Refere, or couch 16

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## **Beauty Destroyed**

Dear Editor.

Recent articles appearing in local and state newspapers have indicated that environmental organizations such as The Sierra Club are going to support Mayor McGreevey for Governor.

I urge the Sierra Club Members and others, to come to Woodbridge and try to see what few trees remain.

Why under Mayor Mc-Greevey's administration has the environment of Woodbridge plundered and despoiled?

Why would Mayor Mc-Greevey cut down so many healthy trees, some of which were here since the civil war?

Why would he speak the words of an environmentalist when his overt acts indicate othcrwise?

Is it, as he indicated, trees do not vote?

Mayor McGreevey is correct, trees do not vote, but You Do!

> Warren Larsen. Member Environmental **Defense Council** Nati. Parks Assoc. World Wildlife Federation Defense of Wildlife Green Peace Nati. Wildlife Federation

Got something to say? Why not write a letter to our "Readers Commentary" column? Tell us how you feel about current situations both locally and nationally. send to: AT/CG, "Readers Commentary", PO Box 1061, Rainwey, NJ 07065

# Anthrax Scare Hits Close To Home

STATE -- A mail carrier and a post office maintenance worker at the city's main post office are being tested for anthrax after reporting possible symptoms of the disease, postal officials said Monday.

investigators searched for the source of two letters containing anthrax that were postmarked in Trenton on Sept. 18. One was sent to NBC headquarters in New York, infecting an employee with the skin form of anthrax, and the other to the Senate majority leader's office in Washington.

Postal Inspector Tony Esposito said the female mail carrier had flu-like symptoms and the other employee, a man, had symptoms resembling poison ivy.

The woman's physician told investigators she had been ill for weeks. The first medication she was given had no effect, but her symptoms cleared up after she The disclosure came as federal, was given Cipro, an antibiotic used to treat anthrax, Esposito said.

> The anthrax tests were "really done as a precautionary measure," he said. "I want to stress there's no evidence of any risk at

> Postal officials said there was no evidence of anthrax in the post office located just outside Trenton in Hamilton Township. Inspectors met with 250 employ

ees to give guidelines on how to spot suspicious packages.

Knowing that two letters carrying anthrax came through Trenton is only the first step in an investigation one FBI (news web sites) agent compared to finding a needle in a haystack: Esposito said 246,000 pieces of mail from 46 mail facilities were processed at the Trenton Main Post Office on Sept. 18.

State police said a secretary at the New Jersey Statehouse found a letter to NBC anchor Tom Brokaw inside a Federal Express package addressed to an official in the governor's office. The secretary didn't open the letter and dropped it in the mail Sept. 18.

FBI agents determined the letter was not the one that infected Brokaw's assistant, but are investigating "who initially sent the FedEx package," state police spokesman John Hagerty said. He declined to comment on the contents of the letter.

Residents are flooding New Jersey police departments with phone calls about suspicious packages, letters and substances.

An employee from the New Jersey Law Journal was tested for anthrax Monday after finding a strange, sandy substance inside a company's annual report, publisher Robert Steinbaum said.

Steinbaum said he did not know who mailed the document.

The journal's Newark office was evacuated for about an hour Monday while a hazardous materials crew removed the report.

In addition, an Edison man who works at the Ford Motor Co. plant had an "ambiguous test result" for anthrax and was underfurther tests, going Washington Post said on Sunday.

Edison police evacuated 201 workers from the Ford automotive plant Saturday morning after the employee said he feared he had contracted anthrax. It was not immediately clear what prompted his belief.

State Health Department officials said they were awaiting test results.

## Federal Emergency Funds Available Statewide

STATE—More than \$5 billion in aid for individuals, businesses, hospitals and municipalities affected by the recent terrorist attacks has been released in Washington. D.C. Senators Robert G. Torricelli and Jon S. Corzine announced this first installment of the \$40 billion Emergency Response Appropriations Fund that was passed by Congress shortly after the attacks. Prior to passage, Torricelli and Senators Corzine inserted language in the Congressional Record to ensure that New Jersey residents and organizations are

eligible for this funding.

New Jersey residents and organizations are eligible to apply for the following areas of funding:

Department of Health and Human Services, total amount available: \$126 million

These funds will provide assistance for the health-related needs of the disaster-affected areas. The money can be used for health care providers, community health centers, mental health and substance abuse services and several other services. Health providers in the following

counties are eligible for this funding: Bergen, Passaic, Hudson, Hunterdon, Middlesex. Somerset, Monmouth, Ocean, Essex, Union, Morris, Sussex, Warren and Mercer.

Federal Emergency Management Agency, total amount available: \$2 billion

These funds will support overall emergency assistance in New York and other affected jurisdictions. This includes the costs associated with debris removal and emergency protective measures, as well as individual and family assistance, search and rescue and

other disaster assistance efforts. This money can be used to reimburse fire and emergency personnel who responded to the initial crisis and who continue to support New York fire and rescue efforts. Towns and individuals seeking this funding can apply through the New York office of FEMA.

Small Business Administration, total amount available: \$100 million

These funds will be used by the Disaster Loan Program and will be used to support \$400 million in low interest disaster loans for business in

Bergen, Hudson, Middlesex and Union Counties that were affected by the disaster. A business may apply for a loan of up to \$1.5 million by calling 1-800-659-2955.

Individual victims of the terrorist attacks are also eligible for funding from the already established Office of Crime **Victims** in the Department of Justice. Through this office, families may be reimbursed for medical expenses, lost wages and funeral expenses. To apply for this assistance, families can call 1-800-242-0804.

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## YOUR ARTS & ENTERTAINMENT NEWS

# "Training Day"

Refresher Course Is Exhausting popcorns

One Popcorn, Poor • Two Popcorns, Fair • Three Popcorns, Good • Four Popcorns, Excellent

Following a tense two hours of immersion into the South Central L.A. ghetto courtesy of director Antoine Fuqua, this home boy was glad to tuck tail and scoot back to the suburbs. Whew! Enough is too much. Point taken, lesson learned...again. For while "Training Day" may be a bit more grim and grisly than necessary to make its case about police corruption, we suspect its harrowing sketch of a rookie cop's first day on the narcotics beat is not terribly wide of the mark. And the truth hurts. And gnaws at you.

Granted. at first blush writer David Ayer's script is ostensibly standard cop flick stuff. But Fuqua's stunningly photographed rendition of The Street as the Earth's only sneak preview of Dante's underworld is fashioned with gripping cloquence. And coupled with explosively powerful performances by Denzel Washington as detective Alonzo Harris and Ethan Hawke as his

idealistic young charge, Jake Hoyt, the unspeakable devastation of the inner city is revisited.

Thus, along with the shovels full of action, we are reminded of the drug problem that never went away. In-between devastating shoot-outs and hair-raising chase scenes, we wonder: Will we ever rid ourselves of this scourge? The film makes a sad commentary on the revolving door nuttiness that comprises and perpetuates our so-called War on Drugs.

Escapist entertainment? Nope. Not hardly, unless maybe you've recently run away from your rowing duties in a slave galley. Aside from the social lesson, this is relentless, rough and tumble stuff, with nary a moment of comedy relief to remind us that it's only a movie. Holding the pedal to the metal for practically the entire film's one-hundred and twenty minutes, Mr. Fuqua puts you at seat's edge for much of that time.

So leave the knitting at home.

You'll need one hand free for nervous popcorn chomping and the other available for wiping your brow in exasperation. And if you suffer from hypertension, make sure you've taken your pressure pills. Regular exercise, plenty of rest, and a diet low in saturated fats is also recommended to bolster you for this harrowing roller coaster ride through the underbelly of drug enforcement.

But none of these precautions will prepare you for the very different Denzel Washington that's in store. A self-styled narc who holds court from the driver's seat of a classic black Monte Carlo, he cruises his domain like a much feared prince, the master of all he surveys. Featuring himself a philosopher king, a swaggering lord of the flies, he fondly expounds on his secret to success. But he warns the wide-eyed recruit: "Never come here without me." The admonition sets the stage and leaves a clue. Then the insanity begins.

To speculate that Alonzo is a crooked cop is like suggesting that organic chemistry may be difficult. Sure, it qualifies the supposition. But it's quantification we need here. And therein

lies the nub, the dramatic uniqueness that renders "Training Day" more enticing than it would otherwise have any right to be. You see, detective Alonzo is bad. The question is, which type of bad is he?

It's the veteran narc's charisma that does it. That's what makes things so hard to sort out in the early going. Putting his full menace into every word, the rogue detective has a convincing patter. And there is an implied threat in each precept he teaches.

Hence we cannot help but commiserate with Jake, the newly wedded novice so intent on making good while also taking the opportunity to clean up the world. His assignment is a dream come true. Narcotics is an opportunity of a lifetime. But the old adage of being careful what you wish for may apply here.

Understandably, he is soon suspicious of his assigned mentor's unconventional methods. But then, Alonzo never took an action he couldn't rationalize. Sure he cuts some corners, relates the senior officer. Yes, he allows some of the smalltime toughs to deal a little marijuana in return for their fealty and the promise of tips about larger fish. How are you

going to catch wolves if you're not a wolf yourself, he rhetorically asks. And then he commands Jake to smoke some confiscated PCP...so he'll know the enemy first hand. And with that, he howls, forces a beer on Jake, and demands that he howl, too. Jake grows uncomfortable. So do we.

Still, as he reminds his well-intentioned assignee, Alonzo has a much-envied arrest record. One of the best, in fact. Thus he has Jake second-guessing himself and dizzy with conjecture. After all, can you argue with success? Maybe this is what the nitty-gritty of police work is really like.

Alonzo's loathsome style sticks in Jake's craw, yet he still tries to do the right thing. But after each increasing example of corruption, just as he is about to suck it up and deal with it, his teacher then ups the ante and commits an act even more outlandish than the last. And thus matters keep escalating, with Alonzo inevitably cajoling and/or blackmailing Jake to the next higher level of justification, until at long last the two seem hopelessly embroiled in precisely the activities they have sworn to fight. The only difference is, they have the badges. And while that may or may not be enough for Denzel Washington's award-worthy Rasputin of the hood, it still doesn't fly with Mr. Hawke's very credible boy wonder.

This hardly makes for a convivial student-teacher relationship. And as anyone who has ever been to the movies can guess, how that enmity is addressed is central to Mr. Fuqua's film. Unfortunately, in its headlong intensity to establish the thrillsantagonism and-spills evolves, there is little attention paid to dramatic balance. Not only do supporting performances by brand name rappers Dr. Dre and Snoop Doggy Dogg amount to little more than window dressing, but there is a total absence of sub-text.

And after one particular plot flaw in the denouement defies logic, the sense of reality is compromised. It causes the remaining action scenes to take on a comicbook dimension. But if you can overlook the B-minus plot structure, "Training Day" promises social instruction with an A-plus attitude.

#### ***

• "Training Day," rated R, is a Warner Bros. Picture's release directed by Antoine Fuqua and stars Denzel Washington, Ethan Hawke and Eva Mendes. Running time: 120 minutes.



#### National Parent Involvement Day

AREA—Monday, Nov. 12, is National Parent Involvement Day. Participating New York Tri-State McDonald's Restaur-ants are making it easier for families to enjoy a meal together. For one day only, Nov. 12, families can log onto www. mcdonald-snymetro.com and download a coupon for a free Happy Meal for a child with a parent/guardian purchase of an Extra Value Meal.

#### **Just In Time**

AREA—St. Agnes Annual Parish Fashion Show and Dinner will be held at The Westwood in Garwood on Sunday, Nov. 11 from 1-5 p.m. Tops N Things of Colonia will provide fashions.

Just in time for the holidays the "Winter Wonderland Auction" Grand Prize is a \$500 Shopping Spree at Menlo Park Mall. Tickets are \$35 and can be purchased by calling Maria at (732) 396-3454.

### **Calling All Musicians**

AREA—The Union "Y" at 501 Green Lane, Union, is inviting talented people who play violins, cellos, percussions, drums, flutes, clarinets, etc. to come to an exciting new Community Music Program on Monday, Oct. 22 at 7:30 p.m.

Everyone is welcome, (no fee!). Conducted by Anna Kroik.

For more information, call Anna at (908) 353-0291 or Jani Kovacs-Jonas, Program Director at (908) 289-8112.

Practices on Monday evenings, 7:30 p.m. (Shabbat observant: no Friday evening or Saturday performances).

#### Konn Thoutre Series Presents Wulting For Godel

AREA—Modern theatre enthusiasts will have several opportunities to see Samuel Becket's Waiting for Godot in Kean University's Vaughn-Earnes Theatre, 1000 Morris Avenue, Union. Directed by Ernest W. Wiggins, critics have applauded the play for being..."moving, often funny, grotesquely beautiful and utterly absorbing."

Show dates and times are as follows: Oct. 19, 20, 24, 25, 26 and 27 at 8 p.m.; Oct. 21 and 28 at 2 p.m.

Tickets are \$12, \$10 for senior citizens, and \$8 for students. For more information or to reserve tickets, call the Box Office at (908) 527-2337,



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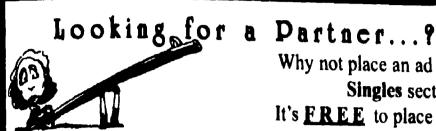
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SWF 39, Petite, attractive, romantic. adventurous. Enjoys candlelite dinners, traveling, cooking, snuggling. Seeking romantic, honest, outgoing SWM 39-46 for long term relation-(picture?) ship.

ID# 1030

SWF 50's, Seeking gentleman 45-55 who enjoys ballroom, latin & swing dancing, for friendship and possible relationship. for ID# 1028

Sincere 54, Professional, DWF, We have recently seen how precious and short life can be. I do not want to go thru life without meeting a man of substance, with a twinkle in his eyes, for a sincere relationship. He will be 55-65'ish, 5'10" or taller, white, single/divorced, broad/large iramed. **ID# 1921** 

SWF 57, 5'6", very attractive, blue eyes and 125lbs. Looking to meet a man for love and a long term relationship. Give me a try. You won't be sorry! Hispanic a plus! ID# 1019

Senior Lady, Works P/T, seeking a real great guy 65-75, down to earth, good sense of humor, generous, for occasional dating. ID# 1018

#### WOMEN SEEKING MEN

Single Woman Spanish/French -5'5" Slim, poet, writer, professional 33 yr old. Seeking SWCM, tall, slim, professional, smart, artisitic. Serious minded, a one woman man, for friendship. I'm Catholic and a nonsmoker/non-drinker. If you're what I'm looking for then lets talk. ID# 1017

**SWF 52,** In search of SWM, 50-57. Must be honest, sincere and caring. Compatability and understanding a must. Enjoy traveling, music, dining out, movies, flea markets & laughter. Looking for someone to grow old with and enjoy all that life has to offer. ID# 1014 *

DWF 39, -(two children) Enjoys family, movies, music, dining out, dancing, gardening, reading and traveling. Seeking honest caring S/DWM 35-45 to share life with. Non-smoker please....IO# 1013

SWF 41, -Enjoys drives to the country, hiking, reading, and quiet times at home." Seeking SWM 35-52, for dating and possible relationship. Only serious inquiries will be considered. Non- smoker, please...ID#

SWF 67, Seeks SWM, 65-70 years

#### WOMEN SEEKING MEN

of age. Non-smoker, Enjoys the beach, movies, walks, drives. Looking for a friend. Long-term relationship. ID# 1015

Attractive nice lady - A widow in late sixties, seeking a nice man for companionship right now, maybe more later on... I enjoy movies, dining out, shows, walking, I am an animal lover. Prefer a man to be between 65-70 years of age. ID# 1010

#### MEN SEEKING WOMEN

SWM 48 - 5'5", good looking, nonsmoker. Seeks pretty SWF 32-47 for lasting relationship who needs my TLC.ID# 1029

SWM 38 - In shape, Seeks sexy senior lady 60-75 for company and friendship.ID# 1025

**SWM 52 - Seeks kind, considerate,** honest, sensitive, down to earth WF 40-55 for growing old with. Possible marriage in future. Want to be there in the good as well as the bad moments in life. Send photo if possible. ID# 1024

50 Something, Marriage minded -Asian American, never been married Math/Science teacher. Does drink nor smoke, but loves the outdoors, music, movies and quiet times. Would like to meet a catholic open-minded, kind and considerate honest lady. ID# 1022

#### MEN SEEKING WOMEN

**SWM 21 - Seeks SWF 20-23 for** friendship. Must enjoy camping. bowling, billiards and motorcycle riding. And love cats too! ID# 1012

**SWM 45 - Never-married**, 5'10". 160lbs. Kind, considerate, openminded, honest. Enjoys art, music, movies, reading, traveling and bicycling. Seeks vivacious SWF, 35-45, to share life with. ID# 1005

Professional WM 55- Beard and mustache, seeking a female friend, race open, 20-40 for casual daytime dates. Need a friend to talk to, I have a good ear. Moms to be most welcome, lets meet for lunch. ID# 1020

Marriage-minded WWM 50- 6' 190 lbs, blue eyes, brown hair, sensitive, humorous, down to earth, no children, financially secure. Looking for same 45-55 yrs old, kids ok, smoker ok. Middlesex County area. Lets live life. ID# 1009

DBM 47-Enjoys dancing, music and quiet times at home, movies. Race doesn't matter. Seeking any race .21-47 years old for dating and relationship.ID# 1008

SWM 48 yrs old - never been married, tall, trim, youthful in appearance, enjoys movies, music, walking, dining out and good conversation. Would like to hear from a slender S/DWF. South Amboy ID# 1016

#### MEN SEEKING WOMEN

26 yr old - Hispanic male looking for someone in her 20's, who likes to have fun and enjoys romance. I like dancing, romantic walks, sports and motorcycle riding. So if you are someone who likes these things and is looking for a companion, please respond. ID# 1006

**DWM 46 - Would like to meet a** woman who is athletic, enjoys the outdoors as well as a good movie. I enjoy playing guitar, tennis, karate, all sports, playing more than watching. For dating. ID# 1011

#### FRIENDS

ARTIST 38 -Seeks a female model. somewhat rubenesque/ buxom for lifedrawing. 18-65 years of age. ID# 1002

#### ALTERNATIVE

WM 30'S - Seeking dominant BM or WM, you don't have to be in shape, just hanging out and having fun, with no strings attached. Discreet pleasures abound......ID# 1007

**WM 40 -** Seeking BM who lives up to the big black myth. If this means you, lets knock boots! ID# 1026

Bi-BF 28 - Wants to meet any submissive Bi-WF/AsianF for friend. fun. Likes Rock, Punk and clubs. No Chubs please. ID# 1026

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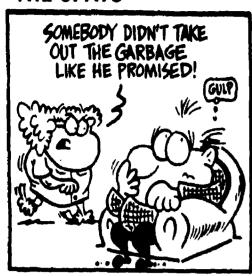
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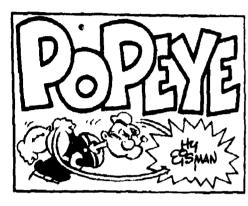


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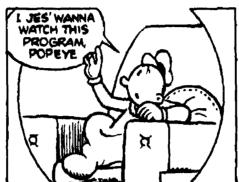










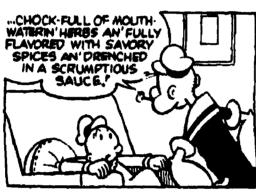














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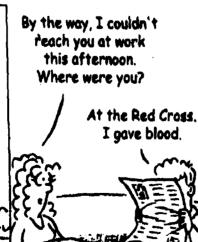




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#### **WORDS WITH** MAGIC MAZE ● A "Q" SOUND

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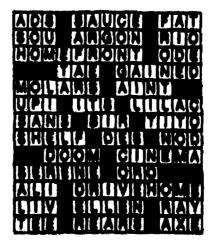
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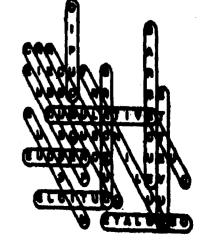
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## OBITUARIES

## Frank Blank, 80 of Fords

Mr. Frank Biank of Fords died September 13 at JFK Medical Center, Edison. He was 80.

Born in Nesquehoning, Pa., he resided in Fords for the past 45 years.

He was a regional supervisor for Citgo, Exxon and B&J service stations, all located on the New Jersey Turnpike, for 32 years.

During that time, he attended Rutgers University. Previously, he had been employed as a coal miner with the former Lehigh Coal and Navigation Company, Tamaqua, Pa.

Mr. Biank was an Army veteran of World War II. He attained the rank of sergeant 4th grade in the 449th Engineers Division while stationed in the South Pacific.

He was a communicant of Our Lady of Peace R.C. Church, Fords and a member of the Holy Name Society.

Mr. Biank was a member of the American Legion T. Nulty Post 471, Iselin. He was also a member of the Fords and Keasbey Senior Citizens and the Evergreen Senior Citizens, Colonia.

His parents, Frank and Mary Maiorama Biank; his sisters, Clara Borelli, Sarah Bokeko, Lizzie Petraroi and Mary Donohue, are all deceased.

Surviving are his wife of 51 years. Elizabeth "Bette" Hydro Biank; a daughter, Diane M. Biank of northern New Jersey; a son, Frank L. Biank of East Stroudsberg; two grandchildren, Frank M. and Frances M. Biank; and several nieces and nephews.

## Gerald Booth, 61 of Avenel

Mr. Gerald "Ron" Booth of Avenel died September 19 at home. He was 61.

Born in Perth Amboy, he lived in Fords before moving to the Avenel section of Woodbridge Township 31 years ago.

He was a diesel mechanic for the Township of Woodbridge for 15 years.

He served in the Marine Corps during peacetime.

Surviving are three sons, Ron, Brian and Jason; his mother, Mrs. Florence Booth; two sisters, Mrs. Kathy Apice and Mrs. Bonnie Grimes and his grandchildren.

## John J. Carlin, 82 of Woodbridge

Mr. John J. "Jack" Carolan Carlin of Meno Park Terrace, Woodbridge, died September 12 at JFK Medical Center, Edison. He was 82.

Born in Newark, he had lived in Belleville before moving to Menlo Park Terrace in 1954.

He was employed with Structural Steel Union Local 545 of Orange.

Mr. Carlin served in the Army from 1940-45. He served during World War II with the 505th Parachute Infantry Company, and fought in the Battle of the Bulge. He received the American Defense Medal, the European African-Middle Eastern Service Medal and the Bronze Star.

He was a member of the 551st Parachute Infantry Association and held All-American membership in the 82nd Airborne Division Association. He was a member of the Veterans of Foreign Wars, Post 1352, Hopelawn and the Disabled American Veterans.

Mr. Carlin was a communicant of St. Cecelia's R.C. Church, Iselin.

Surviving are two daughters, Teresa Caforio and Della Carlin; three sons, Patrick, Kevin and Matthew; seven grandchildren, John, Christina, Derick, Michael, Ian, Amy and Rose; and a great-granddaughter, Siena.

## Jane Burgdorf of Menlo Park Terrace

Mrs. Jane (Storminger)
Burgdorf of Menlo Park Terrace
died October 5 at Robert Wood
Johnson University Hospital,
New Brunswick.

Born in northern Newark, she lived in North Arlington before moving to Menlo Park Terrace 46 years ago.

She was a graduate of Panzer College, Montclair; receiving her teaching degree. She retired after many years as a physical education teacher at various levels throughout the North Arlington school district.

Surviving are her husband,
Paul; a daughter, Bonnie at
home; and a brother, John
"Jack" Storminger of Spring
Lake.

## Adam Gruca, Jr. of Port Reading

Mr. Adam P. Gruca, Jr. of Port Reading died September 3 in Jamaica. He was 49.

Born in Honolulu, Hawaii, he was a former resident of Port Reading. He moved in 1986 to Onancock, Va., located on the Delmarva Peninsula/Eastern Shore of Virginia.

He attended Avenel Junior High School and Woodbridge High School.

He was employed for several years by Supermarkets General Corporation, Woodbridge.

He worked for his mother and step-farther who owned and operated the Lafin Gull Marina. He worked with Gage Drywall and became very well known for his expertise among all building contractors on the Eastern Shore.

His father, Adam P. Gruca Sr. is deceased and a brother, Pfc. Peter Alan Gruca, was killed in the Vietnam War in 1969.

Surviving are his 8-year-old daughter, Beritt Dale Gruca of Tasley, Va.; his mother, Nina Werdann of Nelsonia, Va.; two sisters, Linda Gillow of Cary, N.C. and Debbie French of Woodbridge; two nephews, Scott Gillow of New York City and Robert French of Woodbridge; four nieces, Deena Nagy of Belle Mead, and Lianne, Stacy and Lindsey Gillow, all of Cary, N.C.; and a great-niece, Liliquinn Grayce.

## Ronald Rovira, 32 of Perth Amboy

Mr. Ronald Rovira of Perth Amboy died September 15 at Raritan Bay Medical Center, Perth Amboy Division. He was 32.

Born in Perth Amboy, he lived there all his life.

He worked as a laborer at Gerber Pottery Co., Woodbridge.

Mr. Rovira was a communicant of St. Mary's R.C. Church.

He also was a member of the Moose Lodge 1360, Perth Amboy.

His father, Ronald Rovira, died in 1992.

Surviving are his mother, Kathleen Kutay (nee Furey) of Perth Amboy; his financee, Sandra McKeon of Perth Amboy; his maternal grandmother, Sophie Furey of Howell; his aunts, Eileen Anton of Englishtown and Sandra Tzetzos of Woodbridge; his uncle, William Furey of Verona, Pa.; and several cousins.

## **Eleanor Mrozek** of Perth Amboy

Mrs. Eleanor A. (Baldyga) Mrozek of Perth Amboy died September 11 at Raritan Bay Medical Center, Perth Amboy Division. She was 74.

Born in Peth Amboy, she was a lifelong resident of the city.

Mrs. Mrozek was a communicant of St. Stephen's R.C. Church, Perth Amboy.

She was a member of the Edison Get Your Neighbor Card Club.

Her husband, Edward, died in 1999. A son, Stanley, is also deceased.

Surviving are two brothers, Edward H. Baldyga Sr. of Perth Amboy and Stanley Baldyga of Neshanic Station; a cousin, Edward Lencki of Piscataway and several nieces and nephews.

## Richard L. Wood, 76 of Edison

Mr. Richard L. Wood of Edison died September 8 at Muhlenberg Regional Medical Center, Plainfield. He was 76.

Born in Newark, he lived in Linden before moving to Edison in the mid 1950s.

He was a Navy veteran of World War II.

Mr. Wood was an electrician for Merck for 43 years before retiring in 1990.

He was a member of several organizations including The Tin Can Sailors, the Hungarian Democratic Club and the Edison Democratic Association.

He was a parishioner of St. Helena's R.C. Church, Edison.

Surviving are his wife of 53 years, Dorothy B. Wood; a son, Michael Walter Wood of Linden; and a sister, Marion Sharkey of Plainfield.

## Jean Fox Hartshorne of Metuchen

Mrs. Jean Fox Hartshorne of Catawba Island, Ohio (formerly of Metuchen) died September 6 at Edgewood Manor Nursing Center, Port Clinton, Ohio. She was 76.

Born in Fresno, Calif., she graduated from Highland Park High School.

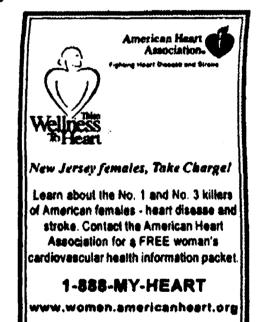
She was the owner/operator of The Wool Shop that started in New Brunswick and then relocated in Port Clinton, Ohio in 1966.

Mrs. Hartshorne was a charter member of Firelands Presbyterian Church, Port Clinton.

Prior to her moving to Ohio, she was active with local politics, served on the board of the Young Men's Christian Association, Metuchen, and was a member of the Daughters of American Revolution and the Colonial Dames.

Her husband, W. Justin Hartshorne and her parents, Charles and Gladys (Harra) Fox; and a sister, Nancie Fox LaRoche, are all deceased.

Surviving are a daughter, Sarah Riedmaier of Catawba Island, Ohio; a son, Robert Hartshorne, also of Catawba Island; three nieces and one nephew.







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#### YOUR LOCAL NEWS

## **Furniture Store Completes Expansion**

"Woodbridge is a growth community which supports business and industry, and we look forward to continuing our operations here..."

WOODBRIDGE—La-Z-Boy Inc., the nation's leading manufacturer of upholstered furniture, has completed an expansion in Woodbridge Township.

The La-Z-Boy new Furniture Galleries store is located at 1500 Route 9, the former site of Carlo's Backyard restaurant, which was demolished for the new facility.

"We wanted to keep our store in Woodbridge," said Elliott Rubin, who owns the local La-Z-Boy. "Woodbridge is a growth community which supports business and industry, and we look forward to continuing our operations here."

The new facility replaces the La-Z-Boy store at 203 Route 1 near the intersection of Fords Avenue in the Menlo Park Terrace section of Woodbridge Township. That property was needed by the New Jersey Department of Transportation for its Route 1 improvement project.

"La-Z-Boy's decision to remain and expand in Woodbridge demonstrates that the Township, with the assistance of WEDCO, the Woodbridge Economic Development Corporation, has sent a clear message through the business community of the Township's commitment to provide the necessary fiscal and regulatory support for enhanced industry and commerce," said Mayor James E. McGreevey.

Headquartered in Monroe, La-Z-Boy Michigan, Residential is the nation's largest single manufacturer of upholstered furniture and the world's leading producer of reclining chairs. It is a division of La-Z-Boy Incorporated, the nation's largest furniture manufacturer.

## **Edison Marching Band Competition**

EDISON — On Sunday, October 28, the Edison High School Band Parent Organization, in conjunction with the United States Scholastic Band Association, will be hosting its annual "Fall Extravaganza" marching band competition. This yearly event will welcome 14 bands performing in competition from New York and New Jersey. Local bands in competition will be JP Stevens High School, Hillsborough High School, Dunellen High School and an exhibition by Edison High School. The event will take place at Edison High School, Boulevard of the Eagles, Edison at 1 p.m. Tickets are available at the gate; \$7 for adults, \$5 for students and seniors, and children under age 7 will be admitted at no charge. Refreshments will be available at the snack stand.

Come out and enjoy a lovely fall afternoon and experience the varied and entertaining music and marching from some of the finest high school bands in the tri-state area.

## Calling Caribbean Cruisers

Legion Clara Barton Post on 156 Brower Avenue, Edison, is looking for anyone who has cruised with John Beres in the past to call the Post at (732) 225-9824 and ask to speak with John Keller or Floram

## Story Time At Library

CARTERET—The Carteret Library, 100 Cooke Avenue, Carteret, will have in-person ongoing registration from 10:30 a.m.-7:30 p.m. daily, for the Fall Story Times that will begin in October.

Morning sessions will be held Tuesdays from 10:30-11:15 a.m. and afternoon sessions will be held Thursdays from 1:30-2:15 p.m. The program is for Carteret children who will be four years old by December. Call (732) 541-3830 for details.

There is also an ongoing Book Sale of paperbacks and hardcover books and magazines at the library.

EDISON-American Travel at (732) 602-0400 and ask to speak to Lynne.

> We are looking to get in touch with past cruisers in reference to our latest cruise special in 2002 in memory of John.

The cruise is planned for April 19, 2002 8 nights-Caribbean out of San Juan, Celebrity Cruise Line, "Galaxy."

# **County Resident**

COLONIA—Denise Garee, of Colonia earned her Master of Science/ Nursing degree from Widener University in August.

Widener University is a comprehensive teaching institution offering all of the above degrees through the eight schools and colleges. The University's three campuses are located in Chester and Harrisburg, Pennsylvania and Wilmington, Delaware.



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Combo#1 1 Lg Pizza Lg Antipasto 2-liter Soda

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